



## The ZO<sup>®</sup> Difference: Before and After

Advanced Therapeutic and Preventative Skin Health Solutions

ZO<sup>®</sup> SKIN HEALTH  
BY ZEIN OBAGI MD

ZO<sup>®</sup> MEDICAL  
BY ZEIN OBAGI MD

**Angela T.** 38 years old. She is an interior and furniture designer in Laguna Beach and she has been a patient of Dr. Obagi since 2005.



"My mission is to keep your skin healthy, youthful, and vibrant, fulfilling my definition of skin health."

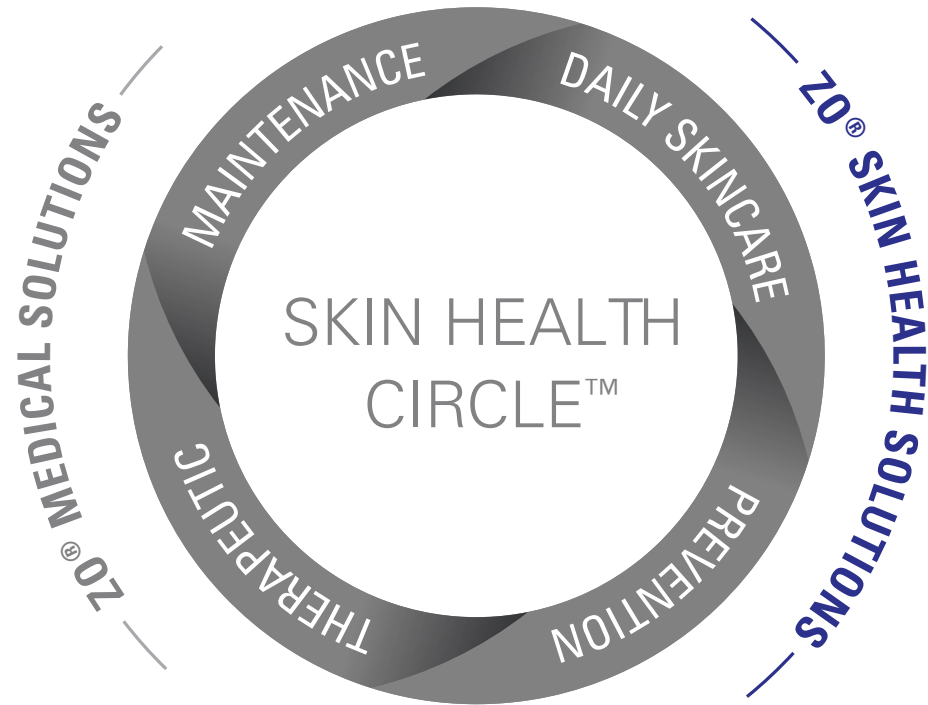
ZEIN E. OBAGI, MD

Researcher, innovator, author, and educator, board certified dermatologist Dr. Zein Obagi has achieved an international reputation as a leading authority on skin health and rejuvenation. He is ranked among the world's top experts on chemical peels, and is considered an expert in treating skin of color, often tackling the most difficult and hard-to-treat cases from around the world. In 2008, Dr. Obagi founded ZO Skin Health, Inc., to provide comprehensive skin care solutions to physicians and patients that optimize skin health around the globe, regardless of age, race, gender or unique skin condition.



World-renowned dermatologist | Founder & medical director of ZO Skin Health, Inc. | Conceived and brought to market the original Obagi Nu-Derm® | Creator of the original Obagi Blue Peel®

The ZO® Skin Health Circle™ concept, developed by Zein Obagi, MD, provides comprehensive and continuous solutions to achieve healthy skin for life.



**THERAPEUTIC** Treatments provided by healthcare professionals using prescribed products and unique protocols to correct medical skin conditions.

**MAINTENANCE** Designed to prevent reoccurrence of persistent skin problems keeping skin strong and healthy while looking and acting younger.

**DAILY SKINCARE** Effective daily solutions to help promote cellular function and achieve healthier looking skin.

**PREVENTATIVE** Minimize UV damage, prevent DNA damage and protect skin from environmental aggressors to improve overall skin health.

ZO<sup>®</sup> SKIN HEALTH  
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## ZO<sup>®</sup> Skin Health: Daily + Preventive Skincare

A comprehensive array of products maintain the results of therapeutic treatments and support daily skin health and protection from the environment.

## ZO<sup>®</sup> Medical: Therapeutic Solutions

Products, protocols, and treatments provided by skincare professionals for a wide range of skin disorders and chronic conditions.



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## ZO<sup>®</sup> Non-Hydroquinone Hyperpigmentation System

DIAGNOSIS	Melasma with hydroquinone resistance. 10 years of self-treatment with 4% hydroquinone purchased from the Internet.
TREATMENT	ZO <sup>®</sup> Non-Hydroquinone Hyperpigmentation System with Brightenex™ and Retamax™ for 6 months, followed by ZO <sup>®</sup> 3-Step Peel performed monthly for 3 months.
DURATION	9 months





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## ZO<sup>®</sup> Non-Hydroquinone Hyperpigmentation System

DIAGNOSIS	Sun Damage, Hyperpigmentation
TREATMENT	ZO <sup>®</sup> Non-Hydroquinone Hyperpigmentation System with Brightenex™ and Retamax™ for 5 months, followed by ZO <sup>®</sup> 3-Step Peel performed once.
DURATION	6 months



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## ZO<sup>®</sup> Non-Hydroquinone Hyperpigmentation System

DIAGNOSIS	Hyperpigmentation, PIH, Freckles
TREATMENT	ZO <sup>®</sup> Non-Hydroquinone Hyperpigmentation System with Brightenex™ and Retamax™ for 5 months, followed by ZO <sup>®</sup> 3-Step Peel performed monthly for 2 months.
DURATION	7 months



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## ZO<sup>®</sup> Non-Hydroquinone Hyperpigmentation System

DIAGNOSIS	Melasma
TREATMENT	ZO <sup>®</sup> Non-Hydroquinone Hyperpigmentation System with Brightenex™ and Retamax™ for 4 months, followed by ZO <sup>®</sup> 3-Step Peel performed once.
DURATION	5 months





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## ZO<sup>®</sup> Sun Damage System

DIAGNOSIS	Sun Damage, PIH, Freckles
TREATMENT	ZO <sup>®</sup> Sun Damage System with Brightenex™, Glycogent™ and Retamax™ for 4 months, followed by ZO <sup>®</sup> 3-Step Peel performed monthly for 2 months.
DURATION	6 months



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## ZO<sup>®</sup> Sun Damage System

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DIAGNOSIS	Sun Damage, Freckles
TREATMENT	ZO <sup>®</sup> Sun Damage System with Brightenex™, Glycogent™ and Retamax™.
DURATION	5 months

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## ZO<sup>®</sup> Sun Damage System

DIAGNOSIS	Sun Damage, Lentigines
TREATMENT	ZO <sup>®</sup> Sun Damage System with Brightenex™, Glycogent™ and Retamax™ for 5 months, followed by ZO <sup>®</sup> 3-Step Peel performed monthly for 2 months.
DURATION	7 months



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## ZO<sup>®</sup> Sun Damage System

DIAGNOSIS	Sun Damage, Freckles, Lentigines
TREATMENT	ZO <sup>®</sup> Sun Damage System with Brightenex™, Glycogen™ and Retamax™ for 4 months, followed by ZO <sup>®</sup> 3-Step Peel performed monthly for 3 months.
DURATION	7 months





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## ZO<sup>®</sup> Sun Damage System

DIAGNOSIS	Sun Damage, Freckles, Lentigines
TREATMENT	ZO <sup>®</sup> Sun Damage System with Brightenex™, Glycogen™ and Retamax™ for 5 months, followed by ZO <sup>®</sup> 3-Step Peel performed monthly for 3 months.
DURATION	8 months





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## ZO<sup>®</sup> Texture Improvement System

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DIAGNOSIS	Rough Texture, Scars
TREATMENT	ZO <sup>®</sup> Texture Improvement System with Retamax™.
DURATION	7 months

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## ZO<sup>®</sup> Severe Acne System

DIAGNOSIS	Acne, Rough Texture, Scars
TREATMENT	ZO <sup>®</sup> Severe Acne System with Melamix™ 4% Hydroquinone plus tretinoin and 20 mg oral isotretinoin for 5 months, followed by ZO <sup>®</sup> Acne System for 1 month, and as ongoing maintenance.
DURATION	6 months



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## ZO<sup>®</sup> Severe Acne System

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DIAGNOSIS	Acne, PIH
TREATMENT	ZO <sup>®</sup> Severe Acne System with Melamix™ 4% Hydroquinone plus tretinoin and 20 mg oral isotretinoin for 5 months, followed by ZO <sup>®</sup> Non-Hydroquinone Hyperpigmentation System for 1 month, and as ongoing maintenance.
DURATION	6 months

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## ZO<sup>®</sup> Rosacea System

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DIAGNOSIS	Rosacea
TREATMENT	ZO <sup>®</sup> Rosacea System
DURATION	6 months

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## ZO<sup>®</sup> Rosacea System

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DIAGNOSIS	Rosacea
TREATMENT	ZO <sup>®</sup> Rosacea System with 20 mg oral isotretinoin
DURATION	5 months

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## ZO<sup>®</sup> Rosacea System

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DIAGNOSIS	Rosacea
TREATMENT	ZO <sup>®</sup> Rosacea System
DURATION	4 months

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## ZO<sup>®</sup> Phase II: Anti-Aging Program

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DIAGNOSIS	Mild Sun Damage, Chronological Aging
TREATMENT	Phase II: Anti-Aging Program
DURATION	3 months

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## ZO<sup>®</sup> Phase III: Aggressive Anti-Aging Program

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DIAGNOSIS	Sun Damage, Dullness, Skin Laxity, Lines, Wrinkles
TREATMENT	Phase III: Aggressive Anti-Aging Program
DURATION	4 months

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## ZO<sup>®</sup> Acne System

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DIAGNOSIS	Acne, Acne Scars
TREATMENT	ZO <sup>®</sup> Acne System for 2 months, followed by ZO <sup>®</sup> 3-Step Peel performed monthly for 2 months.
DURATION	4 months

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## ZO<sup>®</sup> Acne System

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DIAGNOSIS	Acne, Acne Scars, PIH
TREATMENT	ZO <sup>®</sup> Acne System for 3 months, followed by ZO <sup>®</sup> 3-Step Peel performed monthly for 3 months.
DURATION	6 months

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## ZO<sup>®</sup> Acne System

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DIAGNOSIS	Acne
TREATMENT	ZO <sup>®</sup> Acne System
DURATION	6 months

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## ZO<sup>®</sup> Daily Skincare Program for Men

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DIAGNOSIS	Oiliness, Large Pores, Rough Texture
TREATMENT	ZO <sup>®</sup> Daily Skincare Program For Men for 3 months, and as ongoing maintenance.
DURATION	3 months

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